



Musicianship Training with Anahata Iradah

April 27-28, 2017

Plus follow-up April 30 after public retreat

**For musicians and leaders of the Dances of Universal Peace
Leaders who are not musicians are also encouraged to attend**

This is an intimate class and a great opportunity to view the Dances of Universal Peace through the lens of the music. We put the music at the center of the Mandala and study how to provide the most beautiful foundation for the dancers to dance upon.

We will specifically practice several dances that you will play for a musician-led event on Friday evening, with supportive feedback from Anahata. Participants will also assist in the music for the weekend public retreat. In addition, Anahata will address musicianship questions that are personal to you and your instrument.

More than anything you will learn a new language of how to communicate about music, with musicians. Therefore any dance leaders who simply want to empower themselves and improve their ability to work with musicians will learn a lot. It is most empowering to know how to ask specifically for what you want, even if you cannot play the actual music yourself.

Anahata's strength is ensemble work, listening, discerning and playing together. You may be at any level of playing, even beginner.

Anahata's strongest instrument is open tuned guitar, but she will also give drum instruction. If you have another instrument like violin, recorder, flute or harmonium you are welcome.

She would like to know ahead of time if you are a guitarist, drummer etc.

If you have any questions about appropriate instruments please write to Anahata:
anahata@mac.com

Anahata Iradah is a senior teacher in the Mentor Teacher's Guild of the International Network for the Dances of Universal Peace.

She is a gifted musician, teacher, composer, songwriter, meditation teacher and documentary film producer, and creator of **Guitars of Universal Peace**.

With the encouragement of her teacher, Shinzen Young, Anahata has combined the Dances of Universal Peace with Buddhist meditation techniques and teachings.

Anahata's deep interest in the spiritual paths of the earth has led her to many interesting places, experiences and people. She also orchestrates spiritual pilgrimages to India, Nepal, New Zealand and Brazil.

A native of England, she currently resides on Angel Farm in Georgia.



Schedule:

Thursday 4/27:

- 1 – 2PM Registration
- 2 – 5PM Session 1 with Anahata
- 7 – 9PM Session 2 with Anahata

Friday 4/28

- 9:30 – 12:30 Session 3 with Anahata
- Afternoon free to practice, plan for the evening, rest, take walks...
- 7 – 9PM Musician-led evening with feedback from Anahata

Saturday until Sunday lunch is the public retreat: Heaven on Earth, Planting Divine Qualities, Harvesting the Blessings

Sunday 4/30:

- 1:30 – 3:30PM Completion with Anahata for Musicianship Training

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641-792-1266



Reserve your place with \$100 now, and the rest will be due on April 1.